

## Bergamot 'Apple Blossom' (Oswego tea or Bee balm)

*Monarda didyma*



**Height:** -

**Suitable for:** Rich moist soil in full sun.

**Summary:** This is a lower growing bergamot with foliage which is very resistant to the mildew that affects many of these plants. As the name suggests Apple Blossom has large, prolific flowers of an attractive pale pink and looks great planted either in the border / herb garden or in large containers.

### More information:

Bergamot 'Apple blossom' is a fast growing, hardy and easy perennial herb. It thrives in most normal, moist garden soils in full sun and positively loves a good breezy spot! Extra watering maybe beneficial in very dry spells. A mulch of organic matter in the spring can help keep the soil moist.

It looks great planted in drifts in the middle of a bed, or as a backdrop for smaller flowering plants.

Do not plant too close together as clump sizes will gradually increase.

Like all bergamots the foliage is aromatic and in mid- to late-summer spires covered in whorls of fragrant flowers are formed. These are highly attractive to bees, and indeed all flying insects – hence the name 'bee balm'. You can create your own insect colony by planting alongside oreganos and marjorams which flower at the same time.

For tips and a recipe for using this herb check out our page for [red bergamot](#)