

## Curry Plant

*Helichrysum italicum (syn. angustifolium)*



<b>Height:</b>	Up to 60cm (2ft)
<b>Suitable for:</b>	Well drained soil in full sun. Pots and tubs.
<b>Summary:</b>	Curry plant is an attractive shrub with aromatic silver coloured foliage. Bright yellow, flat heads of flowers appear in summer and the whole plant smells strongly of curry especially after rain.

### More information:

Curry plant has strongly aromatic foliage, and the plant is dense and bushy with an intense silver colour. The plant clips well to make an unusual hedge but is also very fine as a small free-standing shrub with its bright yellow heads of flower.

The whole plant smells strongly of curry especially after summer rain and the Latin name *Helichrysum* is derived from the flower colour, *Helios* meaning the sun and *Chrysos* meaning golden.

The leaves taste slightly spicy but no where near as strong as the scent. They may be chopped finely and added to rice dishes and salads to give a mild zest.