

Creamy Summer Fruit Salad

500 g summer fruit

(strawberries, raspberries, cultivated blackberries can all be used either alone or mixed)

250 ml double cream

2 tbs golden castor sugar

125 ml greek yoghurt

3 tbs orange juice

20 [lemon balm](#) leaves – finely chopped

the leaves from 5 sprigs of [pineapple mint](#) – finely chopped

Mix together the sugar, yoghurt and orange juice and fold the mixture into the whipped cream. Stir in the fruit and the herbs and spoon into a decorative serving dish.

If the ingredients were not chilled, then refrigerate before serving, garnished with sprigs of the herbs.