2 tsp china tea 6 tsp Moroccan mint – chopped 900 ml boiling water.

Spoon the tea and mint into a large warmed teapot. Pour on boiling water and leave to infuse for 5 minutes.

Strain into glasses or delicate cups and sweeten to taste, serve garnished with a whole mint leaf.

The tea maybe strained and chilled, and stored in the fridge, to serve as iced mint tea. In this case sweeten to taste whilst still hot.